



October

Millbridge Lunch Menu



DAILY ALTERNATES:
 Chex Cereal & Yogurt (GF)
 (And Assort. Non-GF Cereals)
 Cheese Sandwich (V)
 PB & J Sandwich

Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)

Includes 2 Fruit & 2 Veggie Choices!
 You must choose at least 1 fruit or veggie.

BALLOONS
 For a Balanced Lunch!

We Use Whole Grain Products!



Daily Fruit Offerings:
 Fresh, Cupped, 100% Juice
 All Salads Come With a Grain.
 Click here to view your lunch account:
www.schoolpaymentportal.com

For a Balanced Lunch Choose..

A Balloon of Each COLOR

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

NEW Meatless Monday	Fun Flavors Tuesday! AKA: Taco Tuesday, Mexican, Asian, Italian	Wacky Wednesday! A School Favorite! The random category!	Chicken Lover's Thursday! Everything & Anything CHICKEN!	Pizza Lover's Friday! Cheesy Pizza By The Slice!
National Kale Day! Grilled Cheese Sandwich Cheeseburger on a Bun Garden Salad w/ Egg <u>Sides:</u> Krazy Kale Salad Meat-Free Chic Pea Salad	Tuesday-October 2 Hot Dog On a bun Chicken Patty on a Bun Buffalo Chicken on a bed of greens <u>Sides:</u> Peas & Carrots-Churro Carrots w/ Hummus/Ranch	Wednesday-October 3 Chicken Nuggets Ham and Cheese on a Goldfish Bread Chicken Caesar Salad <u>Sides:</u> Green Beans Celery w/ Hummus/Ranch	Nat'l Taco Day! Soft Shell BeefTacos w/ Toppings Hot Dog on a Bun Bacon, Egg & Spinach Salad <u>Sides:</u> Glazed Carrots-Churro Broc Bites w/ Hummus/Ranch	Friday-October 5 Milanese Pizza By The Slice (Deluxe \$2.55) Turkey & Cheese Pinwheels Tuna Salad on a bed of greens <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Hummus/Dip
Monday-October 8	Tuesday-October 9	Wednesday-October 10	Nat'l Pumpkin Pie Day!	Friday-October 12
French Toast Sticks Cheeseburger on a Bun Garden Salad w/ Egg <u>Sides:</u> Rainbow Veggie Medley Meat-Free Chic Pea Salad	Walking Tacos (GF) w/ Beef and toppings Chicken Patty on a Bun Fiesta Taco Salad <u>Sides:</u> Rice Super Sweet Corn Carrots w/ Hummus/Ranch	Mozzarella Sticks Served with side of pasta Ham and Cheese on a Goldfish Bread Chicken Caesar Salad <u>Sides:</u> Peas and Carrots Celery w/ Hummus/Ranch	Popcorn Chicken w/ a Mini Biscuit Hot Dog on a Bun Bacon, Egg & Spinach Salad <u>Sides:</u> Tom. & Cukes Salad-Pumpkin Twister Broc Bites w/ Hummus/Ranch	Personal Pan Pizza Turkey & Cheese Pinwheels Tuna Salad on a bed of greens <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Hummus/Dip
Celebrate Nat'l M&M Day!	Tuesday-October 16	National Pasta Day!	Thursday-October 18	Friday-October 19
Pizza Crunchers (V) Cheeseburger on a Bun Garden Salad w/ Egg <u>Sides:</u> Green Beans-M&M Cookie Meat-Free Chic Pea Salad	Taco Twins w/ Corn Shells & Toppings Chicken Patty on a Bun Fiesta Taco Salad <u>Sides:</u> Mashed Potatoes-Dried Cranberries Carrots w/ Hummus/Ranch	Pasta & Meatballs w/ Garlic Toast Ham and Cheese on a Goldfish Bread Chicken Caesar Salad <u>Sides:</u> Garden Salad w/ Tom. & Mozz. Celery w/ Hummus/Ranch	Mini Pancakes w/ Ham Roll Ups Hot Dog on a Bun Bacon, Egg & Spinach Salad <u>Sides:</u> Tumblin Tator Tots Broc Bites w/ Hummus/Ranch	Milanese Pizza By The Slice (Deluxe \$2.55) Turkey Cheese Pinwheels Tuna Salad on a bed of greens <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Hummus/Dip
Monday-October 22	Tuesday-October 23	Wednesday-October 24	Thursday-October 25	Friday-October 26
Cheese Quesadilla (V) w/ Toppings Cheeseburger on a Bun Garden Salad w/ Egg <u>Sides:</u> Glazed Carrots Meat-Free Chic Pea Salad	Walking Tacos (GF) w/ Beef and Toppings Chicken Patty on a Bun Fiesta Taco Salad <u>Sides:</u> Rice Super Succotash Carrots w/ Hummus/Ranch	Hot Dog on a Bun Ham and Cheese on a Goldfish Bread Chicken Caesar Salad <u>Sides:</u> Potato Tots Celery w/ Hummus/Ranch	Chicken Parm Dinner w/ Pasta Hot Dog on a Bun Bacon, Egg & Spinach Salad <u>Sides:</u> Gotta Get Em Green Beans Broc Bites w/ Hummus/Ranch	Big Daddy's Pizza (V) By The Slice Turkey & Cheese Pinwheels Tuna Salad on a bed of greens <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Hummus/Dip
Monday-October 29	Tuesday-October 30	Happy Halloween!	Lunch Prices: Regular Lunch \$2.40 Deluxe Lunch: \$2.55 Reduced: \$0.40 Adult: \$3.75 Milk: \$0.50 *Menu subject to change. Food Service Director: Stacy Clarke dm@nsfm.com This institution is an equal opportunity provider. Milk: Skim White, Chocolate, Strawberry, 1% White, Lactaid	
French Toast Sticks Cheeseburger on a Bun Garden Salad w/ Egg <u>Sides:</u> Smiley Fries Meat-Free Chic Pea Salad	Chicken Nuggets Chicken Patty on a Bun Fiesta Taco Salad <u>Sides:</u> Sweet Potato Fries Carrots w/ Hummus/Ranch	Single Session K-8 Breakfast Only NO Lunch Served		